

Elementary June Lunch Menu

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What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
 Choice of Vegetable, Choice of Fruit*
 Choice of Grain/Bread,
 and Choice of Milk

*Students must choose at least one fruit or vegetable



Fresh Fruits and Vegetables Offered Daily

*Vegetables may include:

Broccoli Florets
 Baby Carrots
 Dark Leafy Greens
 Legume Salads
 Celery & Cucumber

*May choose two 1/2 cup servings

*Fruits may include:



Crisp Apple
 Sliced Peaches
 Mixed Fruit
 Fresh Orange
 Banana
 Pineapple Tidbits
 Diced Pears
 Applesauce
 *May choose one 1/2 cup serving

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry, Fat Free Vanilla, Fat Free White and Low Fat White

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Choices
<p>The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE</p>				<p>6/1 Cheeseburger on a Bun French Fries 100% Juice Low Fat Milk</p>	<p>Week 1 Breaded Chicken Salad with Bread Nacho Munchable</p>
<p>6/4 Chicken Patty on a Bun French Fries Pineapple Tidbits Low Fat Milk</p>	<p>6/5 Pasta with Meat Sauce Slice of Bread Broccoli Florets Assorted Juice Low Fat Milk</p>	<p>6/6 Grilled Cheese Green Beans Sweet Peaches Low Fat Milk</p>	<p>6/7 Beef Nachos with Toppings Slice of Bread Sweet Corn Fresh Watermelon Low Fat Milk</p>	<p>6/8 Breaded Cheese Sticks with Marinara Sauce Sweet Peas Strawberries Low Fat Milk</p>	<p>Week 2 Chef Salad with Slice of Bread Turkey and Cheese Sandwich</p>
<p>6/11 Popcorn Chicken Bowl with Slice of Bread Mashed Potatoes Assorted Juice Low Fat Milk</p>	<p>6/12 Sloppy Joe on a Bun Broccoli Florets Mixed Fruit Low Fat Milk</p>	<p>6/13 Hot Dog on a Bun Baked Beans Strawberries Low Fat Milk</p>	<p>6/14 Beef Tacos with Bread and Assorted Toppings Sweet Corn Pineapple Tidbits Low Fat Milk</p>	<p>6/15 Pork BBQ on a Bun Green Beans Sweet Peaches Low Fat Milk</p>	<p>Week 3 Chicken Popper Salad with Slice of Bread Ham and Cheese Munchable</p>
<p>6/18 Chef's Choice Fresh Vegetable Fresh Fruit Low Fat Milk</p>					
				<p>Peach Salsa!   Whole Grains Available Daily</p>	
<p>Monday Corn Dog Nuggets w/ Bread</p>	<p>Tuesday Chicken Sticks with Bread</p>	<p>Wednesday Cheesesteak on a Roll</p>	<p>Thursday Chicken Nuggets with Bread</p>	<p>Friday Homemade Cheese Pizza</p>	<p>Lunch Prices: Paid \$2.30 Reduced \$0.40</p>